## Year 5 PSHE: Relationships—Beginning and Belonging

Learning to Recap:

- We all belong to our school community. We have shared values and expectations.
- When we belong we feel happy and secure. If we are feeling sad or upset we can ask for help.
- We all have a network who can listen to us and help.
- We all have responsibilities which we are expected to do. Our school expectations make our responsibilities clear. If we do not follow expectations are school there will be consequences.
  - Collaboration is working with others. It is important as it helps us get to know others better.
- Collaborator is someone who works with others as a team.
- The Rights of the Child lists 45 articles that each child is entitled to.

New Knowledge and Vocabulary	
British Values	Tolerance and Individual Liberty
My network	2x adults at school; 2x adults at home (outside of school); 1x friend
School values	Our values are hard work and kindness. We have a responsibility to be kind to ourselves and others and to always work hard (to the best of our ability)
Collaborative relationships	It is important to work with others. Collaboration allows you to get to know others better. Together everyone achieves more.
Coping with new situations	<ul> <li>New situations can make us feel:</li> <li>Nervous or scared</li> <li>Excited or happy</li> <li>Worried or anxious</li> <li>We can cope with these feelings by:</li> <li>Asking for help</li> <li>Talking about our feelings</li> <li>Knowing that nerves are normal</li> </ul>
Offering support	<ul> <li>Talking and listening</li> <li>Sharing and encouraging</li> <li>Compromising</li> <li>Asking an adult to help</li> </ul>
Compromise	An agreement between at least two people made by each side making con- cessions.





## Application of knowledge

Stem sentences for discussion: We can be safe and happy in the classroom by ... We show each other respect by ... When we are listening to others we can .... The benefits of working together are ...... A new situation I might find myself in is ... New situations can make us feel ..... because ....... Something I can do to help myself/someone else is ...

Create a leaflet, poster or blog post promoting our school values.

## Because, but, therefore...

Feeling nervous can be exciting because... Feeling nervous can be exciting but...

Feeling nervous can be exciting therefore...