





## Spring Summer 24 – Week One

15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21 Oct

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Wholemeal Cheese & Tomato Pizza served with Jacket Wedges 	Pork Sausages served with Country Diced Potatoes	Creamy Korma Style Chicken Curry served with Mixed Rice 	Roast Chicken Skin on Roast Potatoes & Gravy	Friday Fish Fingers served with Chips
Vegetarian Main Meal Option 2	Creamy Vegetable Penne Pasta Carbonara 	Veggie Sausage Served with Country Diced Potatoes	Cauliflower Cheese & Pasta Bake 	Roasted Vegetable & Lentil Loaf with Sticky Ketchup Glaze (Ve) 	Cheese Flan or Quiche Served with Chips
Jacket Potato/Pasta	Tomato/Cheese Pasta	Tomato/Cheese Pasta	Jacket with Cheese/Beans/tuna	Tomato/Cheese Pasta	Jacket with Cheese/Beans/tuna
Rolls/Baguettes/Wraps	Cheese Roll	Ham Baguette	Tuna Wrap	Ham Baguette	Cheese Roll
Vegetables	Peas Sweetcorn	Baked Beans	Mixed Vegetables	Carrots Green Beans	Baked Beans Peas
Dessert	Marble Sponge & Custard	Chocolate Shortbread Biscuits (Ve)	Oat & Raisin Cookie (Ve)	Iced Banana Traybake	Chocolate Ice Cream

**Available Daily: Fresh Fruit & Yoghurt**

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish








**Our desserts meet Public Health England's target for 'free sugar' intake for your child.**

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



## Spring Summer 24 – Week Two

22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct

WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Wholemeal Cheese & Tomato Pizza served with Jacket Wedges 	Summer Hot Dog Baguette served with Jacket Wedges	Beef Bolognese & Penne Pasta 	Roast Gammon served with Skin on Roast Potatoes & Gravy	Friday Fish Fingers served with Chips
Vegetarian Main Meal Option 2	Vegetable Enchiladas Ve Served with a portion of Sunny Vegetable Rice 	Summer Veggie Sausage Hot Dog Baguette (Ve) with Jacket Wedges	Macaroni Cheese	Home Baked Vegetarian Lasagne 	Cheese & Onion Puff Pastry Roll Served with Chips
Jacket Potato/Pasta	Tomato/Cheese Pasta	Tomato/Cheese Pasta	Jacket with Cheese/Beans/Tuna	Jacket with Cheese/Beans/Tuna	Tomato/Cheese Pasta
Rolls/Baguettes/Wraps	Cheese Roll	Ham Baguette	Tuna Wrap	Ham Baguette	Cheese Roll
Vegetables	Peas Sweetcorn	Baked Beans	Mixed Vegetables	Carrots Cabbage	Baked Beans Peas
Dessert	Ginger & Mandarin Traybake 	Flapjack Finger	Freshly Baked Chocolate Cookie (Ve)	Vanilla Sponge with Sprinkles	Homemade Shortbread Biscuits (Ve)

**Available Daily: Fresh Fruit & Yoghurt**

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish






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Spring Summer 24 – Week Three

29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct

WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Wholemeal Cheese & Tomato Pizza served Jacket Wedges	Farm Assured Pork Sausage Roll o with Homemade Skin on Baked Potato Wedges	Sticky BBQ Chicken & Vegetables served with Noodles 	Roast Chicken Skin on Roast Potatoes & Gravy	Friday Fish Fingers served with Chips
Vegetarian Main Meal Option 2 (To Match Main Option 1)	Mildly Spiced Vegetable Chilli & Rice (Ve) NDP 	Macaroni Cheese	Home Baked Vegetarian Lasagne 	Savoury Vegetable Mince & Gravy served with Skin on Roast Potatoes	Homemade Cheese & Tomato Pizza Whirl & Chips
Jacket Potato/Pasta	Cheese/Tomato Pasta	Jacket with Cheese/Beans/Tuna	Jacket with Cheese/Beans/Tuna	Cheese/Tomato Pasta	Cheese/Tomato Pasta
Rolls/Baguettes/Wraps	Cheese Roll	Ham Baguette	Tuna Wrap	Ham Baguette	Cheese Roll
Vegetables	Peas Sweetcorn	Baked Beans	Mixed Vegetables	Carrots Green Beans	Baked Beans Peas
Dessert	Baked Apple Sponge served with Custard 	Chocolate Shortbread	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon & Blueberry Yoghurt Cake	Homemade Flapjack (Ve)

Available Daily: Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



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Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.